

**Services provided by
Fogerty Music Therapy.**

Music Therapy

Treatment is focused on obtaining clinical goals, maintaining functional status, and improving quality of life through a client-centered, individualized treatment approach. No previous music experience is required.

All therapeutic services include: evaluation, treatment planning, intervention, and documentation. A clinical hour includes 15min of preparation and documentation.

- ◆ Clinical Evaluation \$55/hr (3-4 hrs)
- ◆ Individual sessions \$55/hr
- ◆ Therapeutic Group \$20 person/hr

Fogerty Music Therapy is an approved Medicaid Waiver Provider (SSW, DD, AU).

Specialized Music Instruction

Adapted music lessons are provided through a creative teaching approach for individuals with special needs. The focus is on learning musical skills with an emphasis placed on individual growth.

Contract Services

Clinical services and training are provided to educational and healthcare facilities.

Consultation for integrated music programs is available.



For more information about music therapy:

The American Music Therapy Association
www.musictherapy.org

The Certification Board for Music Therapists
www.cbmt.org

Indiana Music Therapists
www.indianamusictherapists.com



**For more information on services offered by
Fogerty Music Therapy, please contact:**



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**Fogerty
Music Therapy**

*Promoting individual growth
through creative learning*



Jonni Fogerty, MM, MT-BC

MUSIC THERAPIST - BOARD CERTIFIED

What is Music Therapy?

Music Therapy is the evidence-based, goal-directed use of music interventions provided by a board certified music therapist. Treatment focuses on individualized goals to



effect positive changes in cognitive, physical, psychosocial, and communicative skills.



Who Does Music Therapy Benefit?

Therapeutic goals are addressed with people of diverse age and ability, including people with:

- ◆ Developmental Disabilities
- ◆ Learning Disabilities
- ◆ Hearing or Visual Impairments
- ◆ Communication Disorders
- ◆ Physical Disabilities
- ◆ Neurological Disorders
- ◆ Behavior or Emotional Disorders
- ◆ Medical Impairments
- ◆ Psychiatric Disorders
- ◆ Terminal Illnesses

What Goals are Addressed in Music Therapy?

The music therapist uses music to:

- ◆ Encourage cognitive or academic development
- ◆ Develop gross and fine motor skills
- ◆ Improve communication skills
- ◆ Assist with pain management
- ◆ Facilitate adaptive behaviors
- ◆ Provide sensory stimulation
- ◆ Relieve stress and anxiety
- ◆ Promote self-expression
- ◆ Enhance self-esteem
- ◆ Reduce depression



What are the Advantages of Music Therapy?

- ◆ Music therapy is cost effective, as it often accelerates accomplishment of treatment team goals and objectives.
- ◆ Research supports the effectiveness of music therapy in a wide variety of healthcare and educational settings.
- ◆ Music therapy addresses the whole person. Goals and techniques are adapted to an individual's changing needs.
- ◆ Music is an integral aspect of daily life. Therapy builds upon personal musical experiences and preferences to promote goal-oriented development.



Who Delivers Music Therapy Services?

Music therapy services are provided by a board certified music therapist (MT-BC).

- ◆ Music therapists must complete a four year degree program at a college or university approved by the American Music Therapy Association (AMTA). Schools offering a degree in music therapy are also accredited by the National Association of Schools of Music.
- ◆ Music therapists must complete a six month clinical internship at an accredited healthcare or education facility.
- ◆ Music therapists must pass a national examination for board certification.
- ◆ Music therapists must fulfill continuing education requirements to maintain board certification status.

