

## **What to Expect from a Music Therapy Evaluation**

Fogerty Music Therapy uses a dynamic assessment approach in combination with assessment protocols to complete a comprehensive evaluation of a client's therapeutic needs. Both highly structured and client-centered approaches are typically used during the assessment to evaluate a client's response to both musical and nonmusical interventions. The following lists the main components of a typical evaluation.

- 1) Meet with caregivers (as appropriate) to complete an initial intake survey and to discuss the client's background and needs (30-45min).
- 2) Dynamic Assessment (3-4 assessment sessions, 45 min. ea).  
During a typical assessment session, a variety of activities using singing, rhythm instruments, and movement are used to assess functioning in several areas, including:
  - Cognitive
  - Communication
  - Social
  - Motor
  - Emotional
  - Behavioral
  - Response to Music

Music interventions are used to promote functional skill acquisition, such as singing sequence songs to prompt daily living skill knowledge or playing triangles for fine motor skills.

- 3) Phone interviews are conducted with other treatment team members and/or an observation of the client is arranged to view them in another setting, as needed.
- 4) A comprehensive, written evaluation report with recommendations and treatment plan is provided.